



HUNG ॐ

In the land of Uddiyana's northwest border, ॐ  
On the pistils of a lotus flower's stem, ॐ  
You have reached the marvel of the supreme siddhi, ॐ  
And became known by the name the Lotus-Born. ॐ  
With surrounding circles of many dakinis, ॐ  
In your footsteps I will reach accomplishments. ॐ  
Please approach in order to bestow your blessings. ॐ  
GURU PEMA SIDDHI HUNG ॐ

Samanthabhadra, Vajrasattva, Prahevajra, and Shri Singha,  
Padmasambhava, King, all the twenty-five disciples,  
So, Zur, Nub, Nyag, hundred tertöns and the others,  
Gurus of the Kama and the Terma, hear our call.

In the Dharmadhatu Palace, Akanishtha,  
Essence of the buddhas in the triple times,  
Who directly shows our mind as dharmakaya,  
O root Guru, heed our yearning call.

# Sambhogakaya Guru Avalokiteshvara Training and Recitation

*From Lamey Tukdrub Barchey Künsel*

*The Guru's Heart Practice Dispeller of All Obstacles*

NAMO ॐ

Sambhogakaya Guru, Avalokiteshvara, ॐ

Triple jewels and an ocean of all conquerors, ॐ

I and every sentient being till awakening, ॐ

Go for refuge with one-pointed deep sincerity. ॐ

HOH ॐ

So that every sentient being, mothers of the past, ॐ

May attain the state of fully blossomed buddhahood. ॐ

I form the bodhi-mind to never do a harmful deed, ॐ

Always create goodness for all sentient beings' well. ॐ

May all kinds of sentient beings live in happiness, ॐ

May they all be free of every type of painful state, ॐ

May they never be apart from peace and happiness, ॐ

May they realize the nature of equality. ॐ

HRIH ॐ

Space of openness unfolds as love and knowing light, ॐ  
HRIH transforms and I appear on lotus, moon and throne, ॐ  
As sublime and noble teacher Avalokite, ॐ  
White and clear, four arms, the first two hands are joining palms. ॐ

Crystal mala, lotus flower held in lower hands, ॐ  
Peaceful smile of ease, ablaze with splendid marks and signs, ॐ  
Adorned by silken garments, jewels, seated with crossed legs, ॐ  
Visible yet empty union, shining form of light. ॐ

On a lotus, moon disc in the Noble Teacher's heart, ॐ  
In the center shines the HRIH with light of brightest white. ॐ  
Each of the six petals with a letter is adorned, ॐ  
Melody of vajra sounds invoking everyone. ॐ

HUNG shines out with essence wakefulness, the mirror-like, ॐ  
Deep blue rays of light pervading every realm of hell, ॐ  
Clear the pain of heat and cold, which rise from hatefulness, ॐ  
World and beings are the pure and noble vajra realm. ॐ  
OM MANI PEME HUNG HRIH ॐ

ME shines out the equal nature timeless wakefulness, ॐ  
Yellow rays of light pervading all the preta realms, ॐ  
Clear the pain of thirst and hunger, which arise from greed, ॐ  
World and beings are the pure and noble ratna realm. ॐ  
OM MANI PEME HUNG HRIH ॐ

PE shines out with Dharmadhatu timeless wakefulness, ॐ  
Whitest rays of light pervading realms of animals, ॐ  
Clear the pain of mindlessness born from stupidity, ॐ  
World and beings are the noble, pure sugata realm. ॐ  
OM MANI PEME HUNG HRIH ॐ

NI shines out discriminating timeless wakefulness, ॐ  
Deep red rays of light pervading every human realm, ॐ  
Clear the pain of stress and loss arisen from blind lust, ॐ  
World and beings are the pure and noble lotus realm. ॐ  
OM MANI PEME HUNG HRIH ॐ

MA shines out with all-fulfilling timeless wakefulness, ॐ  
Greenest rays of light pervading all asura realms, ॐ  
Clear the pain of fighting, which arise from jealousy, ॐ  
Worlds and beings are the pure and noble karma realm. ॐ  
OM MANI PEME HUNG HRIH ॐ

OM shines out the clear and lucid timeless wakefulness, ॐ  
White and brilliant rays of light pervading deva realms, ॐ  
Clear the pain of loss and fall, which rise from arrogance, ॐ  
World and beings are the pure realm of one family. ॐ  
OM MANI PEME HUNG HRIH ॐ

HRIH shines out the undivided timeless wakefulness, ॐ  
Boundless rays of light pervading everywhere in space, ॐ  
Karma, pain, emotions of all beings throughout space, ॐ

All and everything is Noble Teacher's buddha realm. ॐ  
OM MANI PEME HUNG HRIH ॐ

All appearance is the Great Compassionate in form, ॐ  
Every sound is the six syllables in mantra song, ॐ  
Thoughts are constant undivided open space of love, ॐ  
Samsara shaken from its depth, activities complete. ॐ  
OM MANI PEME HUNG HRIH ॐ

*By practicing one-pointedly in this way, ॐ  
If you recite ten million you will accomplish all the activities. ॐ  
These, and other signs of virtue, ॐ  
Should be recognized as indications of purified obscurations and benefit  
for others, ॐ  
In actuality or in a vision: meeting the Noble One, ॐ  
Or effortlessly feeling altruistic and compassionate, ॐ  
In dreams: Being emptied of pus, blood, and filth, ॐ  
Bathing and donning white garments, ॐ  
Flying through the sky, or walking traversing upon water, ॐ  
Or delivering many beings from dreadful places, ॐ  
Should be known as omens of purified obscurations and benefit for others. ॐ  
SAMAYA. ॐ*

HUNG HUNG HUNG

The pure world and sentient beings vanish into me.  
I dissolve into the syllable within my heart.  
Seed syllable melts away and all fixation freed,  
Letting be as equal nature, constant wakefulness.

PHEY PHEY PHEY

In a single moment I am Great Compassion's form,  
Swift as when a fish jumps from the surface of a pond,  
OM on forehead, AH on throat and HUNG is on the heart.  
OM AH HUNG BENZA KA VA CHI RAKSHA HANG

HOH ॐ

Realizing guru Great Compassion mandala, ॐ  
May we all the countless beings, each and everyone, ॐ  
Naturally perfected in the four activities, ॐ  
Free within the dharmakaya, lucid wakeful realm. ॐ

Root and lineage gurus let your blessings fill our hearts, ॐ  
Yidams and dakinis, like our shadow, remain close, ॐ  
Guardians of dharma clear away all hindrances, ॐ  
Grant auspicious goodness, siddhis common and supreme. ॐ

*In response to many people's requests, I, Urgyen Chokgyur Dechen Lingpa, wrote this down at glorious Lhasa by extracting it from the terma root text. The scribe was my disciple, Pema Rangdröl, who possesses the link of former aspirations. May it be virtuous! Tashi Sho!*

Sights, sounds, knowing, deva, mantra, dharmakaya realm,  
Play of kayas and the wisdoms boundlessly unfold.  
In this practice of great yoga, secret and profound,  
Let everything be just one taste, the nondual sphere of mind.

In every single lifetime may we never be apart  
From authentic teachers, dharma's splendor to enjoy.  
Completing all the virtues of the bhumis and the paths,  
May we swiftly all attain the Vajradhara state.

May the precious and sublime awakened mind  
Arise in those where it has not arisen.  
Where it has arisen, may it never wane,  
But continue to increase forever more.

*The Hundred Syllable Mantra*

OM BENZA SATO SAMAYA MANU PALAYA BENZA SATO  
TENOPA TISHTA DRIDO MEBHAVA SUTOKAYO MEBHAVA  
SUPOKAYO MEBHAVA ANURAKTO MEBHAVA SARVA SIDDHI  
MEM PRAYATSHA SARVA KARMA SUCHAME CHITTAM SHRI  
YAM KURU HUNG HA HA HA HA HO BHAGAVAN SARVA  
TATHAGATA BENZA MAME MUN TSA BENDZI BHAVA MAHA  
SAMAYA SATO AH

*Produced for chanting in English by Bodhi Translation  
guided by Erik Pema Kunsang, 2021.*