



HUNG ॐ

In the land of Uddiyana's northwest border, ॐ
On the pistils of a lotus flower's stem, ॐ
You have reached the marvel of the supreme siddhi, ॐ
And became known by the name the Lotus-Born. ॐ
With surrounding circles of many dakinis, ॐ
In your footsteps I will reach accomplishments. ॐ
Please approach in order to bestow your blessings. ॐ
GURU PEMA SIDDHI HUNG ॐ

Samanthabhadra, Vajrasattva, Prahevajra, and Shri Singha,
Padmasambhava, King, all the twenty-five disciples,
So, Zur, Nub, Nyag, hundred tertöns and the others,
Gurus of the Kama and the Terma, hear our call.

In the Dharmadhatu Palace, Akanishtha,
Essence of the buddhas in the triple times,
Who directly shows our mind as dharmakaya,
O root Guru, heed our yearning call.

The Self-Appared Lotus Essence Tantra
that liberates through reading,
with recitation method

From the Lamey Tukdrub Barchey Künsel
The Guru's Heart Practice
Dispeller of All Obstacles

Revealed by Chokgyur Dechen Lingpa

ᄒ arranged by Jamyang Khyentse Wangpo

NAMO GURU PADMAKARAYA

Here is the Lotus Essence Tantra which is the heart essence of the great Uddiyana Master, the glorious knower of the three times. It is the condensation of all the tantras, statements and instructions, the quintessence of one billion heart practices. Endowed with inconceivable blessings and wonders, it is the basis or root of the teachings of Lamey Tukdrub Barchey Künsel. This self-manifest Lotus Essence Tantra, which liberates by reading, is the seed tantra of the Magical Net of the Vidyadharas. Here the liturgy for this tantra and the method for reading it aloud are condensed to their essentials.

Sit comfortably and observe the conduct of meditation. Having brought forth deep renunciation, compassion and devotion, visualize the sources of refuge in the sky before you, as though they were present in person, and repeat each of the following verses three times.

NAMO ॐ

May the guru encompassing every family, ॐ

May the yidam who brings forth the true accomplishment, ॐ

May dakinis the removers of all hindrances, ॐ

May our source of refuge always be the triple roots. ॐ

HOH ॐ

So that every sentient being, mothers of the past, ॐ

May attain the state of clear and blossomed buddhahood. ॐ

I form the bodhi-mind to never do a harmful deed, ॐ

Always create goodness for all sentient beings' well. ॐ

May all kinds of sentient beings live in happiness. ॐ

May they all be free of every type of painful state. ॐ

May they never be apart from peace and happiness. ॐ

May they realize the nature of equality. ॐ

DZA HUNG BAM HOH

The circle of the mandala has melted into me.

The yoga of oneself as the deity

AH ॐ

Lucid openness the basic space of naturalness, ॐ
Timeless wakefulness of knowing naturally appears ॐ
In the form of the immortal Padmasambhava, ॐ
White and red complexion peaceful with a wrathful smile. ॐ

Held in hands are bell and vajra, consort is embraced, ॐ
White and sacred lady holds both vajra, kapala, ॐ
My form is graced by silken garments, jewels and with bones, ॐ
Legs are crossed as method and insight are unified. ॐ

Seated on a lotus flower, and a sun and moon, ॐ
In a sphere of fivefold colors, like the rainbow arch. ॐ
All that may appear exist, like bursting mustard pods, ॐ
Peaceful wrathful deities are present as three roots. ॐ

From the land of Chamara, the wisdom deities, ॐ
All are looking like myself, cascading down like rain, ॐ
Pouring into me and into all the deities, ॐ
Dissolving, we are consecrated indivisibly. ॐ

OM AH HUNG BENZA GURU PEMA TÖTRENG TSAL
BENZA SAMAYA DZA SIDDHI PALA HUNG AH ॐ

Chant this mantra many times so blessings will descend.

Consecrating the tongue:

On my lotus tongue resides a syllable, the AH, ॐ
Red in color, it is sealed, the nature of great bliss, ॐ
The letter is proclaiming all the vajra tantra sounds, ॐ
In the ten directions and in every single realm, ॐ
All the worlds and sentient beings, every tone and voice, ॐ
Are resounding with the self-born tantra's natural sound, ॐ
Open basic space of nonarising self-display, ॐ
Overturns samsara, all activities complete, ॐ
Is recited from within the timeless naturalness. ॐ

Uttering this, contemplate its meaning while resting evenly in the state in which whatever is seen is deity, whatever is heard is the spontaneous sound of the vajra tantra, and your thoughts are the space of luminous wakefulness. Read this profound tantra while possessing the three qualities of clarity, purity and melodiousness.

Title in the secret dakini language ॐ Ru ashaksha ॐ

Sanskrit title ॐ Padmagarbha Tantra ॐ

Tibetan title ॐ Peme nyingpo gyu ॐ

Lotus Essence Tantra

Homage to the Basic Deity of Wakefulness. ॐ

In the time that is without beginning or an end, ॐ

Self-existing knowing has expounded in these words. ॐ

Single ground, the twofold paths, and all the fivefold fruits, ॐ

Included in the sphere of clear and open tilaka. ॐ

Dharmakaya unconfined and facing everyone, ॐ

Sambhogakaya manifests in forms with marks and signs, ॐ

Nirmanakayas are displayed in numbers beyond count. ॐ

In the realm beyond dimension and divided parts, ॐ

Self-display of wakefulness is shining everywhere, ॐ

Appearing magically and manifest in every way, ॐ

Akanistha nature encompasses everything, ॐ

In the buddha realm known as the Lavishly Arrayed. ॐ

Teacher and the circle are of undivided mind, ॐ

To the bodhisattvas, both the female and the male, ॐ

To all types of beings, both the unfree and the free, ॐ

At the time of basic space, beyond the reach of thought, ॐ
At the certain time of constant continuity, ॐ
And uncertain times of change in every different way. ॐ

Those who do not understand or have misunderstood, ॐ
Those who partly understand or know imperfectly, ॐ
Are taught in their specific ways, by means of different paths, ॐ
According to their individual abilities. ॐ

For this, the perfect path that is the highest mystery, ॐ
Is entered gradually by means of the empowerments. ॐ
As support, the samayas should be correctly kept, ॐ
Through the different yogas and the personal advice, ॐ
Twenty-five fruitions are attained, so it is taught. ॐ

Lord of all the secrets, Guru Padmasambhava, ॐ
The supreme successor of the Ever Excellent, ॐ
Emanates and reabsorbs incredible displays, ॐ
A network magical of families and mandalas. ॐ

Unshakable the vajra being and the other five, ॐ
Total purity of all the fivefold aggregates, ॐ
Are the fivefold monarchs of the buddha families. ॐ
The five elements are cosmic consorts, basic space. ॐ

Senses and their objects, sattvas male and female both. ॐ
Six emotions are the munis, teachers of six realms. ॐ
Slayers of the wicked and their consorts who destroy. ॐ

All these magic emanations of their different kinds ॐ
Manifest in mudra forms beyond the reach of thought ॐ

All of these are aspects of the doer and the deed, ॐ
The king who joyfully delights, the pleasure of the queen, ॐ
Akshobhya vajra being is concealed within his heart, ॐ
Blazing with the mudras of the vajra and the bell. ॐ
Embodiment of secrets is the HUNG within his heart. ॐ

The consort is embraced while vajra and the bell are crossed. ॐ
Dhatvishvari in her heart, she looks towards the lord, ॐ
Shining with the mudras, vajra and the kapala. ॐ
MUM within her heart embodies all the mysteries. ॐ
Embracing with a vajra, proffers skull cup to his mouth. ॐ

From the vast expanse of naturally occurring love, ॐ
Unconfined self-knowing as the mantra manifests: ॐ
OM AH HUNG BENDZA GURU PEMA SIDDHI HUNG ॐ

In order to be consecrating this identity: ॐ
OM AH HUNG BENDZA GURU PEMA TÖTRENG TSAL
BENDZA SAMAYA DZA SIDDHI PHALA HUNG AH ॐ

In order to give guidance to all beings throughout space: ॐ
OM BENDZA MAHA GURU SARVA SIDDHI HUNG PHEY ॐ

Self-existing essence of the timeless wakefulness, ॐ
Is without beginning or an end, no cause or fruit. ॐ

Free from all conditions, never bound and not released, ॐ
Depth of clarity, self-knowing space of wakefulness. ॐ
Timeless purity of this transparent openness, ॐ
Present by itself and never formed by anything. ॐ

This essential tantra that resounds all by itself, ॐ
Holders of the vajra knowing, keep it in your hearts. ॐ

It liberates by seeing, hearing, touching and recall, ॐ
Reading it out loud will cause complete enlightenment. ॐ
At the end of times it will resound all by itself, ॐ
Spreading widely the essential timeless wakefulness. ॐ

This completes the Lotus Essence Tantra self-appeared, ॐ
Seed of magic matrix which by reading liberates. ॐ

*After reading this three, seven, twenty one or as many times as you can,
amend the duplications and omissions that occurred while reading the
tantra by reciting the vowel-and-consonant mantra, the essence of causation
mantra, and the hundred syllable mantra.*

The vowel-and-consonant mantra

OM A AH I IH U UH RI RIH
LI LIH E EH O OH ANG AH
KA KHA GA GHA NGA
CHA CHAH JA JAH NYA
TA THA DA DHA NA
TRA THRA DRA DHRA NA
PA PHA BA BHA MA
YA RA LA WA SHA KA SA HAKSHA SOHA

The essence of causation mantra

OM YE DHARMA HETU PRABHAVA HETUN TEKEN
TATHAGATO HAYA VADET TEKEN TSAYO NIRODHA EVAM
VADI MAHA SHRAMANA SOHA

The Hundred Syllable Mantra

OM BENZA SATO SAMAYA MANU PALAYA BENZA SATO
TENOPA TISHTA DRIDO MEBHAVA SUTOKAYO MEBHAVA
SUPOKAYO MEBHAVA ANURAKTO MEBHAVA SARVA SIDDHI
MEM PRAYATSHA SARVA KARMA SUCHAME CHITTAM SHRI
YAM KURU HUNG HA HA HA HA HO BHAGAVAN SARVA
TATHAGATA BENZA MAME MUN TSA BENDZI BHAVA MAHA
SAMAYA SATO AH

At the end join your palms and say:

OM ॐ

Self-existing lucidness, the dharmakaya space, ॐ
Samantabhadra, who is the identity of all, ॐ
Buddha Vajrasattva, nature of the greatest ease, ॐ
Akshobhya and Vairochana, Ratnasambhava, ॐ
Buddha Amitabha, also Amoghasiddhi, ॐ
You who emanate and reabsorb all families ॐ
Of the magical display beyond the grasp of thought. ॐ

Listen Padmasambhava, the Ever-Excellent. ॐ
Please bestow your kind attention and consider me. ॐ
For the benefit of sentient beings, every one, ॐ
I am now proclaiming all the vajra tantra sounds. ॐ

Protector, through the power of your timeless wakefulness, ॐ
Bodhimind resolve and aspirations beyond count, ॐ
Let this tantric resonance, resounding emptiness, ॐ
Always be at one with every sound that may appear ॐ
From the worlds and beings within all the triple realms. ॐ

And may everyone who hears this be completely freed ॐ
From their karma and emotion, suffering and pain, ॐ
And attain the unexcelled, the true awakening. ॐ
May activities of guiding beings be fulfilled, ॐ
Overturning all samsara from its deepest depths. ॐ

Supplicate in this way and dedicate the root of virtue to enlightenment. While visualizing yourself in the undivided empty and apparent form of Padmakara, look into the natural face of the ultimate Samantabhadra Padmakara, the self-existing wakefulness that is your empty and cognizant mind essence beyond concepts. Concluding in this way, engage in your daily activities.

*When this is uttered daily or, especially, ॐ
When sounds and earthquakes occur, ॐ
In gatherings of many people and so forth, ॐ
In a way that everybody hears. ॐ*

Exemplified by this statement about reading the tantra aloud in the prescribed manner, the precious master of Uddiyana has further mentioned the benefits of making it into a small book that can be worn on one's body and so forth:

*This extract of the tantras ॐ
Is the supreme quintessence among all essences. ॐ
It is the self-manifest wakefulness, ॐ
Of the primordial lord Samantabhadra in actuality. ॐ
When one is liberated by seeing this scripture ॐ
It is needless to say that it liberates through reading. ॐ
It is the king of all liberation through hearing. ॐ
Wearing it around one's neck is liberation through wearing. ॐ
For one who recites this tantra, ॐ
Having smeared it with fragrant substances and amrita, ॐ
It becomes the supreme liberation through smell and taste. ॐ
When someone is touched by wearing this, ॐ
Or is touched by one who wears it, ॐ
Great ease arises and liberation is effortless. ॐ
This wonderful and marvelous path, ॐ
The heart essence of Self-Born Padma is amazing! ॐ*

Keeping in mind how Padmakara extensively praised this profound tantra with his unfailing vajra speech, study this tantra, reflect upon it, train in it, memorize it, write it, uphold it by making it your daily recitation, and correctly transmit it to others, fully and widely.

By doing so, you will increase the activity of Samantabhadra Padmakara until it pervades throughout all of space. In this way exert yourself one-pointedly in constantly spreading its excellent light of benefit and happiness to illuminate not only your own mind, but that of others as well.

Through the kindness of the undisputed and timely incarnated great tertön Orgyen Chokgyur Dechen Lingpa, I, Jamyang Khyentse Wangpo, a joyful servant of the Lotus Master, and the one who possesses the fortune of being the first to have heard this deep and secret teaching in completeness, wrote this down in conjunction with the perfect coincidence of time and place, while offering its entire ripening empowerments, liberating instructions, explanations, and reading transmission to great sublime beings of all schools, without partiality. May the virtue of arranging the vajra words of the terma root text so they can be practiced through recitation, be a cause for all beings who see, hear, think of, or are touched by this teaching to realize the state of Samantabhadra Padmakara within this very lifetime.

Sarvada mangalam bhavatu, may everything be auspicious.

HOH ॐ

Realizing guru knowledge-holder mandala, ॐ

May we all the countless beings, each and everyone, ॐ

Naturally perfected in the four activities, ॐ

Free within the dharmakaya, lucid wakeful realm. ॐ

Root and lineage gurus let your blessings fill our hearts, ॐ

Yidams and dakinis, like our shadow, remain close, ॐ

Guardians of dharma clear away all hindrances, ॐ

Grant auspicious goodness, siddhis common and supreme. ॐ

Sights, sounds, knowing, deva, mantra, dharmakaya realm,

Play of kayas and the wisdoms boundlessly unfold.

In this practice of great yoga, secret and profound,

Let everything be just one taste, the nondual sphere of mind.

In every single lifetime may we never be apart

From authentic teachers, dharma's splendor to enjoy.

Completing all the virtues of the bhumis and the paths,

May we swiftly all attain the Vajradhara state.

May the precious and sublime awakened mind,

Arise in those where it has not arisen.

Where it has arisen, may it never wane,

But continue to increase forever more.

The Hundred Syllable Mantra

OM BENZA SATO SAMAYA MANU PALAYA BENZA SATO
TENOPA TISHTA DRIDO MEBHAVA SUTOKAYO MEBHAVA
SUPOKAYO MEBHAVA ANURAKTO MEBHAVA SARVA SIDDHI
MEM PRAYATSHA SARVA KARMA SUCHAME CHITTAM SHRI
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TATHAGATA BENZA MAME MUN TSA BENDZI BHAVA MAHA
SAMAYA SATO AH

Essence of Causation Mantra in English

All of these phenomena arising from a cause,
The Tathagata has explained what all these causes are,
And what brings these causes to cessation,
So the Great Shramana has declared.

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